

Consulenza genetica: test genetici e ambiti di intervento

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Abstract: Genetic testing involves technical, ethical, social and psychological issues. The Authors discuss the role and the goal of genetic counseling in each area of clinical intervention and underline the relevance of national and international guidelines. In particular they present a protocol of prenatal genetic counseling. Prenatal genetic counselors work with individuals, couples, or families who have an increased chance of having a child with genetic condition. In the present model they insist on the importance of collective session instead of individual, highlighting the benefits in term of comprehensive of informations, time given to clients and possibility to share anxiety and common doubts. Furthermore, the function of a psychological expert present in the setting is discussed.

Keywords: Genetic testing, Prenatal genetic counseling, Communication, Decision making.